



FORREST
YOGA

CERTIFICATE OF COMPLETION

FORREST YOGA HONOURS

Katja Stefaniak

For Successfully Completing The Requirements To Become A

**LEVEL 3
FORREST YOGA TEACHER**

WHICH INCLUDES:

Forrest Yoga Foundation Teacher Training

Homework Completion

Forrest Yoga Mentorship Program

Effective Coaching and Teaching Continuing Education

APRIL 14, 2020

Ana T. Forrest

CREATRIX OF
FORREST YOGA

Jose Calarco

CO-DIRECTOR
OF FORREST YOGA

CERTIFICATE